

Prayers and Practices Kindergarten

Sign of the Cross

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In the name of the Father,
and of the Son
and of the Holy Spirit.
Amen.



Hail Mary

Hail Mary, full of grace,
the Lord is with you!
Blessed are you among
women
and blessed is the fruit
of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our
death.
Amen

Guardian Angel Prayer



Angel of God,
my guardian dear,
to whom God's Love
entrusts me here,
ever this day
be at my side
to light and guard,
to rule and guide.
Amen

Blessing with Holy Water



(with our right hand we sign & say)
In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen

Prayers and Practices Grade 1

Our Father



Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in heaven.
Give us this day our daily
bread;
and forgive us our trespasses
as we forgive those who
trespass against us;
and lead us not into temptation
but deliver us from evil.
Amen

✓ **Begin verbal Mass
responses**

✓ **Genuflection &
Ritual**

Grace before Meals



Bless us, O Lord, and these
your gifts which we are
about to receive
from your goodness
through Christ our Lord.
Amen

Glory be to the Father



Glory be to the Father,
and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now, and ever shall be
world without end.
Amen

Prayers and Practices
Grade 2

✓ **Ritual & verbal
Mass responses**



ie...
(priest)
The Lord be with you.

(people)
And also with you.

**Simple Act of
Contrition**



My God,
I am sorry for my sins with all
my heart.
In choosing to do wrong
and failing to do good.
I have sinned against you
whom I should love above all
things.
I firmly intend, with your
help, to do penance,
to sin no more,
and to avoid whatever leads
me to sin. Amen

Prayers and Practices

Grade 3

Apostles Creed



I believe in God,
the Father almighty,
creator of heaven and earth;
and in Jesus Christ,
His only Son, our Lord.
Who was conceived by the Holy
Spirit,
born of the Virgin Mary, suffered
under Pontius Pilate, was
crucified, died, and was buried.
He descended into hell;

On the third day He rose again
from the dead.
He ascended into heaven, sits at
the right hand of God, the Father
almighty.
from there He shall come to judge
the living and dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

Simple litany responses

ie...

Holy Mary, Mother of God....

Pray for us

Prayers and Practices Grade 3

The Rosary



A rosary is made up of groups of beads arranged in a circle. It begins with a cross followed by one large bead and three small ones.

The next large bead (just before the medal) begins the first “decade”.

Each bead is followed by ten smaller beads.

Begin the rosary with the Sign of the Cross.

Recite the Apostles Creed.

Then pray one Our Father, three Hail Marys, and one Glory be to the Father.

To pray each decade, say an Our Father on the large bead and a Hail Mary on each of the ten smaller beads.

Close each decade by praying the Glory be to the Father.

Pray the Hail, Holy Queen as the last prayer of the rosary.

The Mysteries of the Rosary are special events in the lives of Jesus and Mary. As you pray each decade, think of the appropriate mystery.

The Mysteries of the Rosary

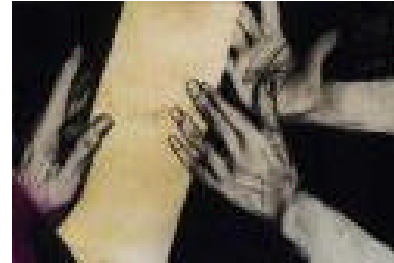


The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

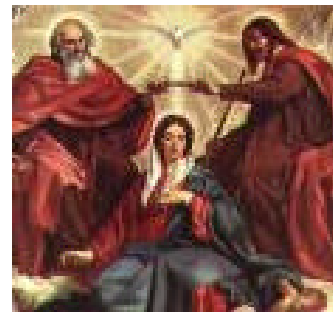
The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Jesus



The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of Mary into Heaven
5. The Coronation of Mary as Queen of Heaven



The Mysteries of Light

1. Jesus' Baptism in the Jordan
2. The Miracle at the Wedding at Cana
3. Jesus Announces the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist



Prayers and Practices

Grade 4

The Rosary

Continue learning and praying



The Stations of the Cross

From the earliest days of the Church, Christians remembered Jesus' life and death by visiting and praying at the places where Jesus lived, suffered, died, and rose from the dead.

As the Church spread to other countries, not everyone could travel to the Holy Land. So local churches began inviting people to "follow in the footsteps of Jesus" without leaving home. "Stations", or places to stop and pray, were made so that stay-at-home pilgrims could "walk the way of the cross" in their own parish

churches. We do the same today, especially during Lent.

There are fourteen "stations" or stops. At each one, we pause and think about what is happening at the station.

1. Jesus is condemned to death
2. Jesus takes up his cross
3. Jesus falls the first time
4. Jesus meets his mother
5. Simon helps Jesus carry his cross
6. Veronica wipes the face of Jesus
7. Jesus falls the second time
8. Jesus meets the women of Jerusalem
9. Jesus falls the third time
10. Jesus is stripped of his garments
11. Jesus is nailed to the cross
12. Jesus dies on the cross
13. Jesus is taken down from the cross
14. Jesus is laid in the tomb



Prayers and Practices Grade 4

Morning Offering

**O Jesus, through the Immaculate Heart of Mary, I offer my prayers, works, joys and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intention of Your Sacred Heart;
the salvation of souls, reparation of sins, the reunion of all Christians. I offer them for the intentions of our Bishops and all Apostles in Prayer, and in particular for those recommended by our Holy Father this month. Amen**



Morning Offering

**God, our Father,
I offer you today
all that I think and do and
say.
I offer it with what was
done on earth by Jesus
Christ,
Your Son.
Amen**



Prayers and Practices Grade 5

Prayer of St. Francis
Patron of the
Archdiocese of San Francisco



**Lord, make me an
instrument of your peace:
Where there is hatred,
Let me sow love;
Where there is injury,
pardon;
Where there is doubt,
faith;
Where there is despair,
hope;
Where there is darkness,
light;
Where there is sadness,
joy.**

**O divine Master, grant
that I may not so much
seek
To be consoled as to
console,**

**To be understood as to
understand,
To be loved as to love,
For it is in giving that we
receive,
It is in pardoning that we
are pardoned,
It is in dying that we are
born to eternal life.
Amen**

Prayer to the Holy
Spirit

**Come Holy Spirit,
fill the hearts of your
faithful,
And kindle in them
the fire of your love.
Send forth your Spirit
And they shall be created
and you will renew the
face of the earth.
Amen**



Prayers and Practices Grade 5



Ritual and Process for each Sacrament

Sacraments of Christian Initiation	Sacrament	Signs we see	Signs we hear	Why we celebrate
	Baptism	Pouring of water	I baptize you	Jesus shares God's life of grace with a person
	Confirmation	Bishop anointing	Be sealed with the Gift of the Holy Spirit	Jesus sends the Holy Spirit to strengthen those confirmed
	Eucharist	Bread and wine	This is my Body. This is my Blood	Jesus shares his Body and Blood with us
Sacraments of Healing	Penance and Reconciliation	Priest makes the sign of the cross	I absolve you from your sins	Jesus forgives those who are sorry
	Anointing of the Sick	Priest anoints the sick person	Through this holy anointing...may the Lord save you and raise you up	Jesus comforts and strengthens those who are sick
Sacraments at the Service of the Community	Matrimony	Joining hands	I take you to be my wife (husband)	Jesus blesses the love a man and a woman
	Holy Orders	Bishop lays his hands on the head of person being ordained	A special prayer of consecration	Jesus sends us bishops, priests, and deacons to help us carry out His mission on earth.

Prayers and Practices Grade 6

Ritual and prayers for each Sacrament

Sacraments of Initiation

Baptism
Confirmation
Eucharist



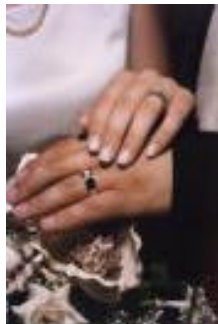
Sacraments of Healing

Penance and Reconciliation
Anointing of the Sick



Sacraments at the Service of the Community

Matrimony
Holy Orders



Prayers and Practices Grades 7 & 8



The Nicene Creed

**We believe in one God, the
Father, the Almighty
maker of heaven and earth, and
of all that is seen and unseen.**

**We believe in one Lord, Jesus
Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in being with the Father.**

**Though Him all things were made.
For us men and for our salvation,
He came down from Heaven;
by the power of the Holy Spirit.
He was born of the Virgin Mary,
and became man.**

**For our sake He was crucified
under Pontius Pilate;
He suffered, died, and was
buried.**

**On the third day He rose again in
fulfillment of the Scriptures;**

**He ascended into heaven and is
seated at the right hand of the
Father.**

**We believe in the Holy Spirit, the
Lord, the giver of life,
Who proceeds from the Father
and Son.**

**With the Father and Son he is
worshipped and glorified.
He has spoken through the
Prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism for
the forgiveness of sins.**

**We look for the resurrection of
the dead,
and life of the world to come.
Amen.**